

Prostate Seed Implant Prep

Patient Name

Date and Time of Seed Implant

Two days before:

- Please go on low fiber diet (see attached sheet) starting 48 hours prior to your procedure.

Day before:

- 12:00 noon the day before, start a liquid lunch (clear soup, plain gelatin, clear fluids) unsweetened fruit juices, coffee, and tea. NO MILK OR CREAM.
- Please take 10 ounces of Magnesium Citrate according to the bottle instructions at approximately 4:00 p.m.
- You may have a liquid dinner. Drink plenty of water all afternoon.

Day of Seeds:

For morning procedures

- Please take one Fleet enema rectally 2 to 3 hours prior to your procedure.
- Continue to take all medications prescribed by your doctors.
- You may purchase magnesium citrate and Fleet enemas at any pharmacy (no prescription is needed).

For afternoon procedures

- Please take two Fleet enemas rectally, one half hour apart, two hours prior to procedure.
- Continue to take all medications prescribed by your doctors.
- You may purchase magnesium citrate and Fleet enemas at any pharmacy (no prescription is needed).

